Neurofibromatosis Type I: Lisch's Nodule or Lisch's Social Handicap!!
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Abstract
The neurofibromatous is a disease that is part of the phacomatoses, uncommon whose diagnosis must meet strict criteria. Lisch nodules are a benign disease of the anterior segment. The cutaneous neurofibromas may have different locations and sizes and which may be the cause of a social handicap.

Keywords: Lisch nodules, neurofibroma, coffee-and-milk spots.

INTRODUCTION
The neurofibromatosis also called Recklinghausen's disease by the name of the German doctor, Friedrich Daniel von Recklinghausen, who is the first to describe this disease in 1881. There are two essential forms: neurofibromatosis type 1 and neurofibromatosis type 2 characterized by the presence "Café au lait" skin spot characteristic of type 1 neurofibromatosis. The association with tumors, especially with the glioma of the optic nerve, is very serious. Ophthalmological examination is an essential step in the diagnosis of the disease by searching for iris nodules called pathognomonic Lisch nodules of the disease.

OBSERVATION
This is a 36-year-old patient with ATCD of chronic depression with attempted suicide on antidepressant for 10 years, who consults for ophthalmological opinion, the AV 10/10, eye tone at 14mmhg in ODG, the anterior segment presents no abnormalities or signs of ocular inflammation with the exception of the presence of Lisch nodules at the bilateral level (Figure-1), the fundus eye is strictly normal. In addition, the patient presents dermal spots with multiple milk coffee with subcutaneous neurofibromatomas (Figure-2).

Fig-1: Lisch Nodule
We often forget to look for the psychic and socio-economic disability of patients suffering from this disease, their social reintegration and their cognitive-behavioral management is above all a priority.

**CONCLUSION**

No definite treatment can cure this disease, but the quality of life of patients can be improved by the destruction of skin neurofibromas by electrocoagulation laser, as well as conventional surgery for plexiform neurofibromas become too troublesome or too much deformity important of the spine. The prognosis of the disease depends on the presence or absence of tumor involvement.

**Declaration:** The patient gave her consent for us to use her own images.

**REFERENCE**

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